

**Millions of people are living
with Rheumatic and
Musculoskeletal Diseases
(RMDs) worldwide.¹**

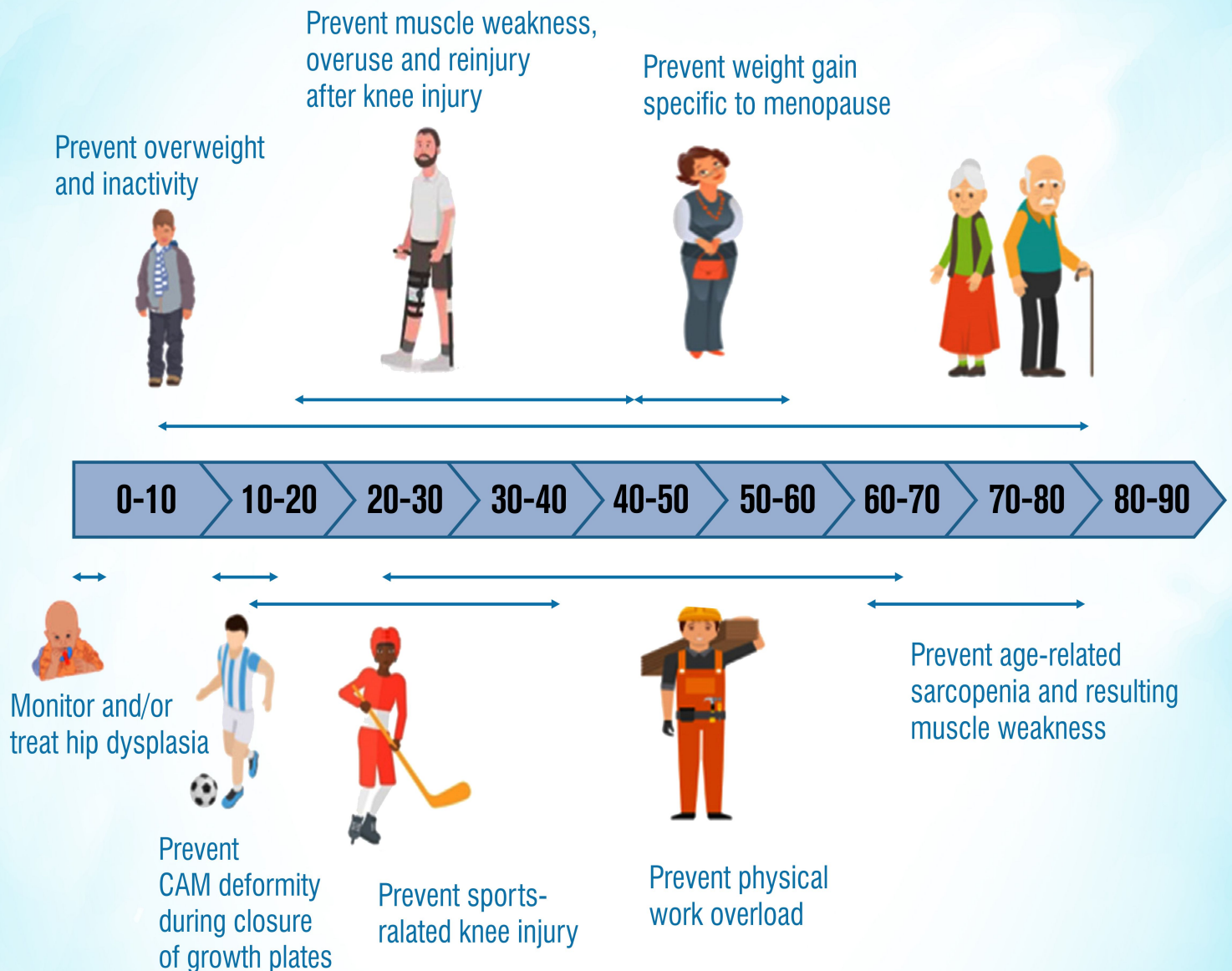


- **Arthritis often causes pain, redness, swelling (edema), and numbness in the joints.**
- **Commonly affected areas includes hands, ankles, hips, wrists, fingers, and knees.**



"It's in your hands, take action".

Opportunities to prevent Osteoarthritis across the lifespan are²



“Targeted preventive and behavioral strategies addressing modifiable risk factors can help delay or prevent osteoarthritis development.”

CAM deformity: Bony bump at femoral head–neck junction → causes hip impingement

Ref: 1.PAPAA. World Arthritis Day. PAPAA; 2025 Oct 12 [cited 2025 Sep 19]. Available from: <https://www.papaa.org/events/world-arthritis-day/1>
2.Runhaar J, Bierma-Zeinstra SM. The challenges in the primary prevention of osteoarthritis. *Clinics in Geriatric Medicine*. 2022 May 1;38(2):259-71.